



House League Baseball Division Specific Rules

Rally Cap Division

Distance between bases	50 ft.
Distance to pitching rubber	35 ft.
Length of game	Two (2) or Three (3) innings
Mercy rule per inning	No open innings
Minimum # of players required to play any game	5-8
Allowable bats	Any legal baseball bat. No softball bats are allowed.
Official practice time (weeknights)	6:30 - 8:00 PM
Official game time (weeknights)	6:30 - 8:00 PM
Official game/practice time (weekends)	10:00 - 11:30 AM

1. Any serious violation of the Code of Conduct will result in an in-person hearing. Please refer to the [Code of Conduct and Zero Tolerance policy](#) in the General House League rules.
2. UNDER NO CIRCUMSTANCES ARE ANY RULE CHANGES ALLOWED. COACHES MAY NOT AGREE TO ANY MODIFICATIONS BEFORE OR DURING A GAME AT ANY TIME.
3. The CVBSA considers Rally Cap to be a “non-competitive” division where the emphasis is on having fun and learning the fundamentals of the game. Therefore, keeping score is not necessary or encouraged.
4. Teams are made up of 5-8 players.
5. Games consist of 2 teams on the field at the same time: 1 batting, 1 on defence.
6. When 2 teams are at the field:
 - 6.1. Team 1 will play Team 2 in a game on the infield.
 - 6.2. Once both teams have had a chance to bat, Team 1 will go to the outfield and Team 2 will stay on the infield and both teams will run a drill.
 - 6.3. Once the drills are done, Team 1 will play Team 2 in a game on the infield.
7. When 3 teams are at the field:
 - 7.1. Team 1 will play Team 2 in a game on the infield. Team 3 will be in the outfield running a drill.
 - 7.2. Once both Team 1 and Team 2 have had a chance to bat, the teams will rotate. Team 1 will go to the outfield to run a drill; Team 2 will play Team 3 on the infield.
 - 7.3. Once both Team 2 and Team 3 have had a chance to bat, the teams will rotate. Team 2 will go to the outfield to run a drill. Team 3 will play Team 1 on the infield.
8. Drills and how to run them will be provided to the Parent Helpers prior to the games and practices.



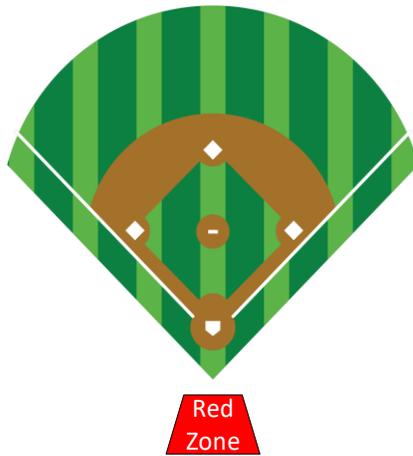
9. Defensive positions are as follows: Pitcher (must wear helmet), 1B, 2B, 3B, SS, CF (if 6 players), LF (if 7 players), RF (if 8 players).
10. Outfielders should be positioned just beyond the baseline.
11. A half inning finishes when all the players on the offensive team have had 1 turn at bat.
12. Defence is encouraged to "make the play" meaning catch a pop fly or throw a ground ball to 1st base.
13. No outs are recorded, and every batter reaches base safely.
14. Runners take only one base at a time (example: runner on 1st base advances only to 2nd base). Exception being when the last batter is up, all runners including the batter will round the bases and touch home plate.
15. Batters will use a tee at home plate where a Parent Helper from the offensive team will be stationed to help with hitting. Ball is placed on tee only when defence is ready.
16. A Parent Helper from the defensive team may be on the field with the defence helping to direct the players what to do.
17. Towards the end of the season, an evaluation day with different drills will be held where each player will be assessed in their skill level and receive a report that indicates how they did in each drill.

18. **NEW RULE 24-hour rule:** players/parents/coaches and spectators are instructed to wait 24 hours before contacting a Convener or executive member for any grievance that does not involve the safety of any party. After 24 hours, it should be brought to the attention of the appropriate person. Under the contacts section of our website, a form is available to ask a question, make a comment, or file a grievance.
19. **NEW RULE** No person(s) other than the players, coaches (one head coach and two assistant coaches or parents filling in for these coaches) or officials are ever allowed on the playing field and in the dugout except for injury. An automatic one (1) game suspension will be levied against the offending individual (parent, spectator, etc.). Upon review of the incident from the disciplinary committee, a harsher penalty may be issued.

For 5-Pitch, Rally Cap and 8U, 9U, one additional person may be permitted to assist in the dugout only. For Tee Ball, additional parent volunteers are permitted on the field.
20. **NEW RULE** In addition to a parent or spectator receiving a suspension or other disciplinary action, the player they represent, and their coach, may also face disciplinary measures.
21. **NEW RULE** There will be **ZERO TOLERANCE** for any: unsportsmanlike behaviour, misconduct of any kind, unruliness of any sort, use of foul or profane language, attack of any kind (either verbal or physical) towards any Umpire, coach, player, or spectator.
22. **NEW RULE RED ZONE RULE:** no spectator, parent, player, or coach is permitted to view a game directly behind the backstop at any diamond. This will help eliminate any conflicts with Umpires and



will also help the players field of view. An Umpire will provide a warning and then has the discretion to eject any person(s) from the park after that.



23. **NEW RULE** For all divisions, if a game is called for weather it is considered official if at least 2.5 innings have been played.
24. **NEW RULE** Coaches are **REQUIRED** to place players in different slots in the batting order from game to game so that players receive similar numbers of at bats throughout the course of the season.