



Vaughan Vikings 2025 House League Rules



2. House League Quick Reference Chart

	Rally Cap/Tee-Ball	Coach-Pitch	8U, 9U	10/11U	12/13U	14/15U	16+	5-Pitch	U11 Mites	U13 Squirts	U14, U15, U16+
	Baseball							Softball			
Balks called						✓	✓				
Bunting						✓	✓				
Distance between bases		50'	65'	65'	75'	90'	90'	45'	45'	55'	60'
Distance to pitching rubber		20-30'	44'	44'	50'	54'	60'6"	25'	35'	38'	U14/U15: 40' U16+: 43'
Infield fly rule in effect					✓	✓	✓				✓
Lead offs (anytime)						✓	✓				
Lead offs (after release)*					✓					✓	✓
Mandatory lineup rotation	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Max. # of outfielders	RC: 3 TB: 6										
Max. innings per pitcher*				1	1	1	2		2	2	3
Orange safety bag @ 1B	✓	✓	✓								
Overthrow rules*	✓	✓	✓					✓	✓	✓	
Pitching machine speed (mph)			8U: 36 9U: 40								
Run on dropped 3 rd strike						✓	✓				✓
Stealing*				✓	✓	✓	✓		✓	✓	✓
Steal home						✓	✓				✓

*For these rules, please refer to division-specific rules for more information.



3. House League Baseball Division Specific Rules

3.1. Rally Cap Division

Distance between bases	50 ft.
Distance to pitching rubber	35 ft.
Length of game	Two (2) or Three (3) innings
Mercy rule per inning	No open innings
Minimum # of players required to play any game	5-8
Allowable bats	Any legal baseball bat. No softball bats are allowed.
Official practice time (weeknights)	6:30 - 8:00 PM
Official game time (weeknights)	6:30 - 8:00 PM
Official game/practice time (weekends)	10:00 - 11:30 AM

- 3.1.1. Any serious violation of the Code of Conduct will result in an in-person hearing. Please refer to the [Code of Conduct and Zero Tolerance policy](#) in the General House League rules.
- 3.1.2. UNDER NO CIRCUMSTANCES ARE ANY RULE CHANGES ALLOWED. COACHES MAY NOT AGREE TO ANY MODIFICATIONS BEFORE OR DURING A GAME AT ANY TIME.
- 3.1.3. The CVBSA considers Rally Cap to be a “non-competitive” division where the emphasis is on having fun and learning the fundamentals of the game. Therefore, keeping score is not necessary or encouraged.
- 3.1.4. Teams are made up of 5-8 players.
- 3.1.5. Games consist of 2 teams on the field at the same time: 1 batting, 1 on defence.
- 3.1.6. When 2 teams are at the field:
 - 3.1.6.1. Team 1 will play Team 2 in a game on the infield.
 - 3.1.6.2. Once both teams have had a chance to bat, Team 1 will go to the outfield and Team 2 will stay on the infield and both teams will run a drill.
 - 3.1.6.3. Once the drills are done, Team 1 will play Team 2 in a game on the infield.
- 3.1.7. When 3 teams are at the field:
 - 3.1.7.1. Team 1 will play Team 2 in a game on the infield. Team 3 will be in the outfield running a drill.
 - 3.1.7.2. Once both Team 1 and Team 2 have had a chance to bat, the teams will rotate. Team 1 will go to the outfield to run a drill; Team 2 will play Team 3 on the infield.



- 3.1.7.3. Once both Team 2 and Team 3 have had a chance to bat, the teams will rotate. Team 2 will go to the outfield to run a drill. Team 3 will play Team 1 on the infield.
- 3.1.8. Drills and how to run them will be provided to the Parent Helpers prior to the games and practices.
- 3.1.9. Defensive positions are as follows: Pitcher (must wear helmet), 1B, 2B, 3B, SS, CF (if 6 players), LF (if 7 players), RF (if 8 players).
- 3.1.10. Outfielders should be positioned just beyond the baseline.
- 3.1.11. A half inning finishes when all the players on the offensive team have had 1 turn at bat.
- 3.1.12. Defence is encouraged to "make the play" meaning catch a pop fly or throw a ground ball to 1st base.
- 3.1.13. No outs are recorded, and every batter reaches base safely.
- 3.1.14. Runners take only one base at a time (example: runner on 1st base advances only to 2nd base). Exception being when the last batter is up, all runners including the batter will round the bases and touch home plate.
- 3.1.15. Batters will use a tee at home plate where a Parent Helper from the offensive team will be stationed to help with hitting. Ball is placed on tee only when defence is ready.
- 3.1.16. A parent helper from the defensive team may be on the field with the defence helping to direct the players what to do.
- 3.1.17. Towards the end of the season, an evaluation day with different drills will be held where each player will be assessed in their skill level and receive a report that indicates how they did in each drill.